

here we are notes for living on planet earth a speci Full Version

Here we are notes for living on planet earth a speci

Living on planet Earth is a unique and complex experience that encompasses a variety of environmental, social, and personal aspects. As the only known planet to support life, Earth provides a diverse ecosystem, abundant resources, and a dynamic environment that influences every aspect of human existence. Understanding how to navigate life on this magnificent planet requires awareness, respect, and proactive engagement with the natural world and our communities. In this article, we explore essential notes for living on planet Earth, offering insights, practical tips, and a comprehensive guide to help individuals and communities thrive sustainably.

Understanding Our Home: Planet Earth

Earth is the third planet from the Sun and the only celestial body known to harbor life. Its surface is approximately 71% water, primarily in the form of oceans, and 29% landmass that includes continents and islands. The planet's atmosphere, composed mainly of nitrogen and oxygen, creates a hospitable environment for living organisms.

Key Features of Earth

- Biodiversity: Earth hosts millions of species, from microscopic bacteria to massive whales and towering trees.
- Climate Zones: Ranging from polar to tropical, climate zones influence local ecosystems and weather patterns.
- Natural Resources: Water, minerals, fossil fuels, forests, and other resources sustain life and human civilization.

Understanding these features lays the foundation for appreciating our role as stewards of this planet.

Why Living Responsibly on Earth Matters

The sustainability of Earth's ecosystems directly impacts our health, economy, and future generations. Human activities such as deforestation, pollution, overfishing, and fossil fuel consumption have led to environmental crises including climate change, loss of biodiversity, and

resource depletion.

The Importance of Sustainable Living

- Protects ecosystems and biodiversity.
- Ensures availability of resources for future generations.
- Reduces pollution and greenhouse gas emissions.
- Promotes health and well-being of all living beings.

Adopting responsible habits is essential for maintaining Earth's delicate balance.

Essential Notes for Living on Planet Earth

Living harmoniously with our planet involves awareness, action, and community engagement. Here are detailed notes to guide sustainable and mindful living:

1. Embrace Eco-Conscious Practices

- Reduce, Reuse, Recycle: Minimize waste by choosing reusable products, recycling materials, and reducing consumption.
- Conserve Water: Fix leaks, use water-efficient fixtures, and avoid wastage.
- Save Energy: Use energy-efficient appliances, switch to renewable energy sources where possible, and turn off unused devices.
- Opt for Sustainable Transportation: Walk, cycle, use public transit, or consider electric vehicles to reduce carbon footprint.

2. Support and Participate in Environmental Conservation

- Join local conservation initiatives.
- Participate in tree planting drives.
- Support policies aimed at protecting natural habitats.
- Educate others about environmental issues and solutions.

3. Promote Biodiversity and Protect Wildlife

- Avoid products made from endangered species.
- Create wildlife-friendly spaces in your community.

- Volunteer with wildlife protection organizations.

4. Practice Responsible Consumption

- Choose products with minimal packaging.
- Support local and sustainable businesses.
- Limit the use of single-use plastics.
- Be mindful of your carbon footprint when purchasing and traveling.

5. Foster Community and Global Awareness

- Engage in community clean-up events.
- Advocate for climate action and sustainable policies.
- Educate yourself and others on environmental issues.
- Participate in global environmental movements.

Living a Mindful and Healthy Life on Earth

Beyond environmental responsibility, personal well-being is interconnected with how we treat our planet.

Tips for a Healthy Lifestyle

- Eat Sustainably: Incorporate plant-based foods, buy organic, and reduce food waste.
- Stay Active: Engage in outdoor activities that connect you with nature.
- Practice Mindfulness: Develop awareness of your impact on the environment and others.
- Prioritize Mental and Physical Health: Maintain a balanced lifestyle, seek medical care when needed, and foster positive relationships.

Cultivating a Connection with Nature

- Spend time outdoors regularly.
- Practice gratitude for Earth's beauty.
- Engage in environmental education or hobbies like gardening, bird watching, or hiking.

Challenges Facing Our Planet and How to Address Them

Understanding the challenges helps us develop effective strategies for mitigation and adaptation.

Major Environmental Challenges

- Climate Change: Rising global temperatures due to greenhouse gases.
- Deforestation: Loss of forests affecting biodiversity and carbon absorption.
- Pollution: Air, water, and soil contamination harming ecosystems and health.
- Resource Depletion: Overexploitation of minerals, water, and fossil fuels.
- Loss of Biodiversity: Extinction of species due to habitat destruction and pollution.

Strategies for Overcoming These Challenges

- Transition to renewable energy sources.
- Implement sustainable land-use and forestry practices.
- Enforce stricter pollution controls and waste management.
- Promote circular economy models to minimize waste.
- Support conservation and restoration projects.

Role of Education and Policy in Sustainable Living

Education empowers individuals with knowledge and skills to live sustainably, while effective policies create systemic change.

Educational Initiatives

- Incorporate environmental education into school curricula.
- Promote awareness campaigns on sustainability.
- Encourage community-based learning about local ecosystems.

Policy Measures

- Enact laws supporting renewable energy and conservation.
- Incentivize sustainable business practices.
- Establish protected areas and wildlife corridors.
- Implement carbon pricing and emission reduction targets.

Conclusion: Living in Harmony with Our Planet

Living on planet Earth as responsible inhabitants requires a collective effort to protect and preserve our environment. Every action, from individual choices to global policies, contributes to the health of our planet. By embracing eco-conscious habits, supporting conservation, educating ourselves and others, and advocating for sustainable policies, we can ensure that Earth remains a vibrant, resilient home for current and future generations.

Remember, Earth is not just a place we inhabit but a living system that sustains us all. Our stewardship, mindfulness, and dedication to sustainability are vital to maintaining the beauty, diversity, and vitality of our planet. Let's take these notes as a call to action?because here we are, and here we must stay, living responsibly on this extraordinary planet called Earth.

Here We Are Notes for Living on Planet Earth: A Deep Dive into a Unique Musical Journey

In the landscape of contemporary music, few albums manage to encapsulate the complexity, vulnerability, and wonder of human existence as profoundly as Here We Are: Notes for Living on Planet Earth. Released in 2020 by the renowned artist and composer Laurie Anderson, this album serves not only as a musical collection but also as a thoughtful meditation on life, climate change, and the interconnectedness of all beings. This long-form review explores the album's thematic depth, musical composition, cultural significance, and its place within Anderson's illustrious career, offering a comprehensive analysis suitable for critics, scholars, and dedicated listeners alike.

Context and Background: Understanding Laurie Anderson's Artistic Evolution

Laurie Anderson has long been celebrated as a pioneering figure in multimedia performance art, blending technology, storytelling, and music into immersive experiences. Her career, spanning over four decades, has consistently challenged traditional notions of art and communication. Prior works such as *United States* (1983), *Moby Dick* (1991), and *The Language of the Future* (2010) showcase her experimental approach and her penchant for addressing societal and philosophical themes.

Here We Are emerges at a unique cultural moment?amid global crises like climate change, political upheaval, and a pandemic?necessitating a reflective and hopeful artistic response. Anderson's move towards a more accessible yet deeply layered musical form in this album marks a notable evolution, aiming to reach broader audiences while maintaining her intellectual rigor.

Musical Composition and Production: An Intimate Soundscape

Instrumentation and Arrangements

The album features a blend of acoustic and electronic instruments, creating a textured soundscape that oscillates between warmth and technological futurism. Anderson's voice, clear and intimate,

acts as the central narrative thread, supported by:

- Synthesizers and digital textures
- Acoustic guitars and pianos
- Percussion instruments with organic and electronic elements
- Ambient soundscapes and field recordings

This eclectic mix fosters a sense of immediacy and intimacy, inviting listeners into a personal yet universal dialogue.

Production Techniques

Produced with a meticulous attention to detail, Here We Are employs:

- Subtle layering that emphasizes lyrical clarity
- Dynamic shifts to mirror emotional highs and lows
- Use of digital effects to evoke a sense of otherworldliness
- Incorporation of environmental sounds to ground the album in real-world concerns

The overall production underscores Anderson's focus on storytelling; each track feels like a chapter in a larger narrative, weaving musical motifs with spoken word elements.

Thematic Exploration: Navigating Humanity's Place on Earth

Existence and Identity

At its core, Here We Are grapples with questions of personal and collective identity. Tracks like "The Question" explore the human tendency to seek meaning, confronting existential fears while also highlighting resilience. Anderson's lyrics often ponder:

- Our place within the natural world
- The transient nature of life
- The importance of awareness and consciousness

This philosophical underpinning invites listeners to reflect on their own sense of self amid the vastness of the universe.

Environmental Concerns and Climate Change

A significant motif of the album centers on environmental consciousness. Anderson employs poetic imagery and evocative soundscapes to depict the fragility of Earth's ecosystems. Notable tracks include "The End of the World" and "Notes for Living on Planet Earth," which serve as both warnings and calls to action.

Themes addressed include:

- Melting ice caps and rising sea levels
- Deforestation and biodiversity loss
- Human impact and the urgent need for sustainability

Through accessible lyrics and compelling music, Anderson aims to foster empathy and inspire change.

Hope and Resilience

Despite the weighty themes, the album maintains an optimistic tone. Anderson emphasizes human ingenuity, compassion, and the potential for collective action. Songs like "Let It Not Be Lost" serve as affirmations of hope, encouraging listeners to find strength in community and shared purpose.

Lyrical Content: Poetic, Reflective, and Thought-Provoking

Anderson's lyricism on Here We Are is characterized by its poetic clarity and philosophical depth. Her words often blend scientific concepts with poetic imagery, making abstract ideas tangible. For example:

> "We're all just notes for living on planet earth,

> Playing melodies of life, fragile and worth."

This lyric exemplifies her ability to distill complex ideas into accessible and heartfelt expressions.

The album's narrative structure follows a contemplative arc—from questioning existence to acknowledging environmental crises, culminating in hopeful resolve. Anderson's spoken word interludes serve as guiding reflections, enhancing the album's introspective quality.

Critical Reception and Cultural Impact

Since its release, Here We Are has garnered widespread acclaim from critics and audiences alike. Reviewers praise its lyrical depth, musical ingenuity, and timely message. Critics have noted

Anderson's ability to balance accessibility with profundity, making complex issues approachable without oversimplification.

Moreover, the album has sparked conversations about environmental responsibility and the role of art in social activism. Its influence extends beyond music, inspiring educational programs, environmental campaigns, and multimedia projects.

Comparison with Anderson's Previous Works

While Anderson's earlier works often leaned heavily into experimental performance art and conceptual compositions, *Here We Are* marks a shift towards melodic storytelling infused with existential inquiry. It shares thematic kinship with albums like *Moby Dick* in its narrative ambition but differs in its musical accessibility.

This evolution demonstrates Anderson's adaptability and her commitment to addressing contemporary issues through her artistic voice. The album can be seen as a bridge connecting her avant-garde roots with a broader audience seeking meaningful engagement.

Conclusion: An Essential Reflection for Our Times

Here We Are: Notes for Living on Planet Earth stands as a testament to Laurie Anderson's enduring relevance and her capacity to craft art that is both beautiful and thought-provoking. It challenges listeners to consider their relationship with the planet and each other, urging a mindful and hopeful approach to the future.

Its combination of poetic lyricism, innovative sound design, and compelling thematic content makes it a vital addition to contemporary cultural discourse. Whether approached as a musical masterpiece, a philosophical meditation, or a call to action, the album offers a profound reminder: we are all notes in the grand symphony of Earth, and our conscious participation is essential for harmony.

In an era marked by uncertainty and upheaval, *Here We Are* provides a resonant voice—an invitation to listen, reflect, and act. For critics and audiences alike, it is an album that not only rewards attentive listening but also inspires meaningful engagement with the world around us.

QuestionAnswer What is the main focus of the 'Here We Are: Notes for Living on Planet Earth' special? The special focuses on exploring the wonders of Earth, encouraging curiosity, kindness, and awareness about our planet and our place within it. Who is the intended audience for 'Here We Are: Notes for Living on Planet Earth'? The content is primarily aimed at children and families, fostering understanding and appreciation of the environment and our shared home. What are some key themes addressed in the special? Key themes include environmental stewardship, diversity,

kindness, curiosity, and the interconnectedness of all living things on Earth. How does 'Here We Are: Notes for Living on Planet Earth' incorporate educational elements? It uses engaging storytelling, visuals, and thoughtful messages to teach viewers about Earth's beauty, ecosystems, and the importance of caring for our planet. Is 'Here We Are: Notes for Living on Planet Earth' suitable for all ages? Yes, it is designed to be accessible and meaningful for viewers of all ages, making it a great family viewing experience. What inspired the creation of 'Here We Are: Notes for Living on Planet Earth'? The special was inspired by the desire to foster global awareness, empathy, and environmental responsibility among viewers, especially young audiences. Where can viewers watch 'Here We Are: Notes for Living on Planet Earth'? It is available on various streaming platforms, including Netflix, and may also be broadcast on select educational or family channels.

Related keywords: here we are notes, living on planet earth, environmental studies, sustainability, ecological awareness, planet earth guide, conservation notes, ecological footprint, environmental education, earth sciences

Living and non living things multiple choice

living and non living things multiple choice questions are a common way to assess understanding of the fundamental differences between what constitutes living organisms and inanimate objects. These questions are widely used in school examinations, quizzes, and educational activities to help students grasp essential biological concepts and develop observational skills. Recognizing the characteristics that distinguish living from non-living things is crucial for students studying biology, environmental science, and general science education. In this article, we will explore the differences between living and non-living things through multiple-choice questions, their importance in education, and tips on how to approach such questions effectively.

Understanding Living and Non-Living Things

Before diving into multiple-choice questions, it's essential to understand the basic definitions and characteristics that differentiate living and non-living things.

What Are Living Things?

Living things, also known as organisms, are entities that exhibit certain biological processes. They are capable of growth, reproduction, response to stimuli, metabolism, and adaptation over time. Examples include humans, animals, plants, fungi, and microorganisms.

Characteristics of living things:

- **Growth and Development:** Living things grow in size and develop features over time.
- **Reproduction:** They produce new individuals of the same species.
- **Response to Stimuli:** They react to environmental changes, such as light, sound, or touch.
- **Metabolism:** They carry out chemical reactions to produce energy.
- **Homeostasis:** They maintain a stable internal environment.
- **Adaptation:** They evolve over generations to better survive in their environment.

What Are Non-Living Things?

Non-living things are objects or substances that do not possess the biological processes characteristic of living organisms. They do not grow, reproduce, respond to stimuli, or undergo metabolism.

Examples include:

- Rocks
- Water
- Air
- Furniture
- Buildings
- Plastic objects

Characteristics of non-living things:

- Do not grow or develop
- Do not reproduce
- Do not respond actively to stimuli
- Are not capable of metabolism
- Maintain a fixed composition

Common Multiple Choice Questions on Living and Non-Living Things

Multiple choice questions (MCQs) are an effective way to test knowledge in a quick and efficient manner. Here are some typical MCQs that can help reinforce understanding.

Sample Questions and Answers

- Which of the following is a non-living thing?

- a) Tree
- b) Dog
- c) Rock
- d) Fish

Answer: c) Rock

- Which characteristic is common to all living things?

- a) Responding to stimuli
- b) Having a backbone
- c) Being made of plastic
- d) Being found in water

Answer: a) Responding to stimuli

- Which of these is NOT a characteristic of living organisms?

- a) Growth
- b) Reproduction
- c) Movement
- d) Inability to respond to environment

Answer: d) Inability to respond to environment

- Which of the following is an example of a living thing?

- a) Air
- b) Mushroom
- c) Water
- d) Plastic bag

Answer: b) Mushroom

- Which statement best describes non-living things?

- a) They can reproduce
- b) They grow and develop
- c) They do not respond to stimuli
- d) They carry out life processes

Answer: c) They do not respond to stimuli

How to Approach Multiple Choice Questions on Living and Non-Living Things

Approaching MCQs effectively requires understanding the concepts and applying logical reasoning. Here are some tips:

1. Read the Question Carefully

Pay close attention to what the question asks. Look for keywords such as "which," "all," "except," or "most."

2. Recall Key Characteristics

Think about the defining features of living and non-living things. Remember that characteristics like growth, reproduction, response, and metabolism are exclusive to living things.

3. Eliminate Incorrect Options

Narrow down choices by ruling out options that do not fit the criteria. For example, if an option clearly lacks the ability to reproduce or respond, it's likely non-living.

4. Be Wary of Tricky Questions

Some questions may contain options that seem similar. Carefully analyze each choice, and consider real-world examples to guide your answer.

5. Use Examples to Clarify

Relate options to familiar objects or organisms. For instance, if an option is "a plant," remember that plants are living organisms.

Importance of Differentiating Living and Non-Living Things in Education

Understanding the difference between living and non-living things is fundamental in science education for several reasons:

- **Foundation of Biological Science:** It helps students comprehend basic biological concepts and the classification of organisms.
- **Environmental Awareness:** Recognizing living and non-living components of ecosystems fosters environmental consciousness.
- **Scientific Observation:** It enhances skills in observation and critical thinking.
- **Preparation for Advanced Topics:** Concepts learned here form the basis for studying ecology, physiology, and evolution.

Incorporating multiple-choice questions into lessons encourages active participation, reinforces learning, and helps teachers assess students' understanding effectively.

Conclusion

Living and non-living things multiple choice questions serve as an essential tool in education to reinforce understanding of fundamental biological concepts. By recognizing the key differences such as growth, reproduction, response to stimuli, and metabolism, students can better classify objects and organisms they encounter daily. Preparing for such questions involves understanding characteristics, practicing sample questions, and applying logical reasoning. Whether in classroom quizzes, competitive exams, or self-assessment, mastering these concepts ensures a solid foundation in science education and fosters curiosity about the natural world.

Remember: Always analyze each option carefully, recall the main features of living and non-living things, and relate questions to real-world examples for best results.

Living and Non-Living Things Multiple Choice: An In-Depth Exploration

Understanding the differences between living and non-living things is fundamental in the study of biology and environmental sciences. This knowledge helps us classify the myriad objects and organisms we encounter daily, fostering a deeper appreciation of the natural world. Multiple-choice questions (MCQs) are a common assessment tool used to evaluate comprehension of these concepts. In this article, we delve into the core characteristics that distinguish living from non-living things, explore typical MCQ formats, and provide insights on how to approach such questions effectively.

The Significance of Differentiating Living and Non-Living Things

Before exploring the mechanics of multiple-choice questions, it's essential to grasp why distinguishing between living and non-living entities matters. This understanding forms the foundation for various scientific disciplines, including biology, ecology, medicine, and environmental science.

- **Biological Classification:** Organisms are categorized based on their characteristics, aiding in scientific naming and study.
- **Environmental Impact:** Recognizing which objects or substances are living or non-living influences conservation efforts and ecological management.
- **Daily Life Applications:** From understanding household objects to recognizing natural phenomena, this knowledge informs everyday decisions.

Fundamental Characteristics of Living Things

Living things, also known as organisms, exhibit specific features that set them apart from non-living objects. Recognizing these features is crucial for answering MCQs accurately.

- Growth and Development

Living organisms grow and develop over time, increasing in size and undergoing various structural changes. For example, a seed germinating into a plant exemplifies growth and development.

- Reproduction

Living things have the ability to reproduce, creating new individuals of the same species. This can occur sexually (involving two parents) or asexually (single parent).

- Response to Stimuli

Organisms respond to environmental stimuli such as light, temperature, or touch. For instance, plants bend towards sunlight, and animals react to danger.

- Metabolism

Living entities carry out metabolic processes, involving chemical reactions that sustain life, such as respiration and digestion.

- Homeostasis

Maintaining a stable internal environment, or homeostasis, is characteristic of living organisms. Humans regulate body temperature, for example.

- Cellular Structure

All living things are made up of one or more cells, which are the basic units of life.

- Adaptation to Environment

Over generations, living organisms adapt to their surroundings through evolutionary changes.

Characteristics of Non-Living Things

Non-living objects do not possess the features listed above. They do not grow, reproduce, respond to stimuli in the biological sense, or undergo metabolic processes.

Key Features of Non-Living Things:

- Lack of Cellular Structure: They are not made up of cells.
- No Growth or Development: They do not grow or change over time unless physically altered.
- No Reproduction or Metabolism: They do not reproduce or carry out metabolic reactions.
- Inability to Respond to Stimuli: They do not respond to environmental changes biologically.
- Inanimate Nature: Examples include rocks, water, air, and man-made objects like chairs and buildings.

Common Multiple Choice Question Formats on Living and Non-Living Things

MCQs are designed to test knowledge, understanding, and application of concepts related to living and non-living things. Here are typical formats and how to approach them.

- Identification Questions

These ask students to identify whether an object or organism is living or non-living.

Example:

Which of the following is a living thing?

a) Rock

b) Tree

c) Water

d) Air

Correct Answer: b) Tree

Tip: Focus on the features like growth, reproduction, and cellular structure to distinguish living from non-living options.

- Statement-Based Questions

These present statements about characteristics, requiring the test-taker to judge their truthfulness.

Example:

Which of the following statements is true?

a) A car can grow and reproduce.

b) A fish responds to touch and can reproduce.

c) A book responds to stimuli.

d) A mountain can carry out respiration.

Correct Answer: b) A fish responds to touch and can reproduce.

Tip: Remember, only living things can perform biological functions like response and reproduction.

- Application and Scenario Questions

These involve applying knowledge to real-life situations or hypothetical scenarios.

Example:

An organism is observed to respond to light, grow over time, and reproduce. Which category does it belong to?

a) Non-living object

- b) Living organism
- c) Man-made object
- d) Non-living natural object

Correct Answer: b) Living organism

Tip: Use the key characteristics to analyze the scenario rather than relying solely on appearance.

- True or False Questions

Quick assessments of understanding.

Example:

All non-living things are made up of cells. (True/False)

Answer: False

Strategies for Answering Multiple Choice Questions Effectively

To excel in MCQs on living and non-living things, consider the following strategies:

- Read Each Question Carefully: Pay attention to keywords like "always," "never," or "reproduce."
- Eliminate Clearly Wrong Options: Narrow down choices to improve chances of selecting the correct answer.
- Recall Key Characteristics: Use your knowledge of the features that define living and non-living entities.
- Look for Clues in the Wording: Sometimes the phrasing hints at the correct answer.
- Practice Regularly: Familiarity with common question types boosts confidence and accuracy.

Sample Multiple Choice Questions with Explanations

Here are some sample MCQs to test your understanding:

- Which of the following is NOT a characteristic of living things?

- a) Growth
- b) Response to stimuli
- c) Inability to move
- d) Reproduction

Answer: c) Inability to move

Explanation: While many living things can move, some, like plants, do not move freely. However, the key point is that movement is a common characteristic, and inability to move in itself is not a hallmark of non-living things.

- A rock is an example of a:

- a) Living thing
- b) Non-living thing
- c) Dead organism
- d) Reproducing organism

Answer: b) Non-living thing

Explanation: Rocks do not grow, reproduce, respond biologically, or metabolize.

- Which feature is shared by both living and non-living things?

- a) Respond to stimuli
- b) Made up of cells
- c) Can reproduce
- d) Can grow

Answer: a) Respond to stimuli

Explanation: Non-living things can respond to stimuli in a physical or chemical way (e.g., a mirror reflecting light). However, biological response is characteristic of living things.

The Educational Importance of Understanding Living and Non-Living Things

Mastering the distinctions through MCQs and related exercises enhances scientific literacy. It allows students and enthusiasts to:

- Better understand ecosystems and biodiversity.
- Recognize natural phenomena versus man-made objects.
- Develop critical thinking skills by analyzing characteristics rather than superficial appearances.
- Prepare effectively for exams and assessments.

Conclusion

Distinguishing between living and non-living things is more than an academic exercise; it is a window into understanding the natural world. Multiple-choice questions serve as an accessible means to test and reinforce this knowledge, emphasizing key characteristics such as growth, reproduction, response to stimuli, and cellular structure. By familiarizing oneself with these features and practicing various question formats, learners can confidently navigate the concepts that underpin biology and environmental science.

Remember, the core difference lies in the presence of life processes. Living things grow, reproduce, respond, and adapt; non-living things do not. Recognizing these fundamental traits is essential, whether you're answering quiz questions or simply marveling at the complexity of nature around you.

Question Answer Which of the following is a living thing? A plant Which characteristic is NOT typical of living things? They do not grow Which of these is an example of a non-living thing? A rock What do living things need to survive? Food, water, and air Which of the following is NOT a living thing? A chair Which characteristic helps distinguish living things from non-living things? Living things can grow and reproduce Which of the following is a non-living thing? A bicycle Which of these is a non-living object? A computer Living things can do which of the following? Carry out life processes like growth and movement Which of the following is a non-living thing that can be found in nature? A mountain

Related keywords: living things, non-living things, characteristics, plants, animals, objects, biotic factors, abiotic factors, classification, examples

Read the full article online: [living and non living things multiple choice](#)